



# Scalp Exercise Progress Tracking

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Other Factors:

\_\_\_\_\_

**Right profile**  
(hair straight  
back)

**Left profile**  
(hair straight  
back)

**From above**  
(hair combed  
down from top)

**Straight on**  
(hair straight  
back)

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Other Factors:

\_\_\_\_\_

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(hair straight  
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**Straight on**  
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